There are the Fry 600 most often used words in reading and writing. The first 300 words represent about two-thirds of all the words encounter in their reading. Students should be able to recognize these words instantly and accurately (i.e., become part of their sight vocabularies) in order to read with fluency. We recommend, as a rule of thumb, that the $1^{\rm st}$ 100 words be mastered by the end of $1^{\rm st}$ grade and each succeeding group of 100 mastered by the end of each succeeding grade (i.e., by the end of grade 6 all 600 words should be part of students' sight vocabularies.)

First 100 Instant Words

the	had	out	than
of	by	many	first
and	words	then	water
a	but	them	been
to	not	these	called
in	what	SO	who
is	all	some	oil
you	were	her	sit
that	we	would	now
it	when	make	find
he	your	like	long
was	can	him	down
for	said	into	day
on	there	time	did
are	use	has	get
as	an	look	come
with	each	two	made
his	which	more	have
they	she	write	from
I	do	number	their
at	how	no	if
be	will	way	go
this	up	could	see
or	other	people	may
one	about	my	part

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Second 100 Instant Words

over	say	set	try
new	great	put	kind
sound	where	end	hand
take	help	does	picture
only	through	another	again
little	much	well	change
work	before	large	off
know	line	must	play
place	right	big	spell
years	too	even	air
live	means	such	away
me	old	because	animals
back	any	turned	house
give	same	here	point
most	tell	why	page
very	boy	asked	letters
after	following	went	mother
things	came	men	answer
our	want	read	found
just	show	need	study
name	also	land	still
good	around	different	learn
sentence	form	home	should
man	three	us	American
think	small	move	world

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Third 100 Instant Words

high	Saw	important	miss
high		important	
every	left	until	idea
near	don't	children	enough
add	few	side	eat
food	while	feet	face
between	along	car	watch
own	might	miles	far
below	close	night	Indians
country	something	walked	really
plants	seemed	white	almost
last	next	sea	let
school	hard	began	above
father	open	grow	girl
trees	beginning	river	mountains
never	life	four	cut
started	always	carry	young
city	those	state	talk
earth	both	once	soon
eyes	paper	book	list
light	together	hear	song
thought	got	stop	being
head	group	without	leave
under	often	second	family
story	run	later	it's

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Fourth 100 Instant Words

body	order	listen	farm
music	red	wind	pulled
color	door	rock	draw
stand	sure	space	voice
sun	become	covered	seen
questions	top	fast	cold
fish	ship	several	cried
area	across	hold	plan
mark	today	himself	notice
dog	during	toward	south
horse	short	five	sing
birds	better	step	war
problem	best	morning	ground
compete	however	passed	king
room	low	vowel	fall
knew	hours	true	town
since	black	hundred	I'll
ever	products	against	unit
piece	happened	pattern	figure
told	whole	numeral	certain
usually	measure	table	field
didn't	remember	north	travel
friends	early	slowly	wood
easy	waves	money	fire
heard	reached	map	upon

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Fifth 100 Instant Words

done	decided	plane	filled
English	contain	system	heat
road	course	behind	full
half	surface	ran .	hot
ten	produce	round	check
fly	building	boat	object
gave	ocean	game	am
box	class	force	rule
finally	note	brought	among
wait	nothing	understand	noun
correct	rest	warm	power
oh	carefully	common	cannot
quickly	scientists	bring	able
person	inside	explain	six
became	wheels	dry	size
shown	stay	though	dark
minutes	green	language	ball
strong	known	shape	material
verb	island	deep	special
stars	week	thousands	heavy
front	less	yes	fine
feel	machine	clear	pair
fact	base	equation	circle
inches	ago	yet	include
street	stood	government	built

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Sixth 100 Instant Words

nicked	lens	beside
•	_	gone
•		•
		sky
•		glass
mind	side	million
love	written	west
cause	length	lay
rain	reason	weather
exercise	kept	root
eggs	interest	instruments
train	arms	meet
blue	brother	third
wish	race	months
drop	present	paragraph
developed	beautiful	raised
window	store	represent
difference	job	soft
distance	edge	whether
heart	past	clothes
sit	sign	flowers
sum	record	shall
summer	finished	teacher
wall	discovered	held
forest	wild	describe
probably	happy	drive
	cause rain exercise eggs train blue wish drop developed window difference distance heart sit sum summer wall forest	simple cells main paint winter mind side love written cause length rain reason exercise kept eggs interest train arms blue brother wish race drop present developed beautiful window store difference job distance edge heart past sit sign sum record summer finished wall discovered forest wild